

2020 Advanced IPA Courses

Course Name	Previous Course(s)	Course Description	*Retakes & Lab Assisting	Prerequisites	Course Prep	Days / Hours	Standard Course Schedule
FM LE: Functional Mobilization Lower Extremities	FMLQ, FM II	This course will train the participant to evaluate and treat mechanical, neuromuscular and motor control dysfunctions of the lower extremities including hip, knee, foot, ankle, lower limb neural tension, and lower extremity PNF patterns. Material from FMLQ & FM II.	FMII & FMLQ	FMI & PNFI	Yes	2.5 / 21	Check-in 4:30 PM – 5:00 PM Friday 5:00 PM – 9:30 PM Saturday 8:30 AM – 7:00 PM Sunday 8:00 AM – 4:00 PM
FM LT: Functional Mobilization Lower Trunk	FMLQ, FM II	This course will train the participant to evaluate and treat mechanical, neuromuscular and motor control dysfunctions of the lower trunk including pelvic girdle, lumbar spine and hip. Material from FMLQ & FM II.	FMLQ	FMI & PNFI	Yes	2.5 / 21	Check-in 4:30 PM – 5:00 PM Friday 5:00 PM – 10:00 PM Saturday 9:00 AM – 7:00 PM Sunday 8:00 AM – 4:00 PM
FM UT: Functional Mobilization Upper Trunk	FMUQ, FM II	This course will train the participant to evaluate and treat mechanical, neuromuscular and motor control dysfunctions of the upper trunk including rib cage, thoracic spine, cervical spine, sub cranial region, cranium and TMJ. Material from FMQ & FM II.	FMUQ	FMI & PNFI	Yes	3.0 / 26	Check-in 8:00 AM – 8:30 AM Friday 8:30 AM – 7:00 PM Saturday 8:00 AM – 6:30 PM Sunday 8:00 AM – 4:00 PM
FM UE: Functional Mobilization Upper Extremities	FMUQ, FM II	This course will train the participant to evaluate and treat mechanical, neuromuscular and motor control dysfunctions of the upper extremity including shoulder girdle, glenohumeral joint, elbow, wrist, hand, upper limb neural tension and upper extremity PNF patterns. Material from FMUQ & FM II.	FMUQ	FMI & PNFI	Yes	2.5 / 20	Check-in 4:30 PM – 5:00 PM Friday 5:00 PM – 9:45 PM Saturday 9:00 AM – 6:30 PM Sunday 8:00 AM – 4:00 PM
CBI: Complete Body Integration	FM II	This course will train the participant to evaluate and treat mechanical, neuromuscular and motor control dysfunctions of the complete body through the use of Functional Movement Patterns (FMPs). Material from FM II.	FM II	FMI	No	2.5 / 20	Check-in 4:30 PM – 5:00 PM Friday 5:00 PM – 9:30 PM Saturday 8:30 AM – 6:00 PM Sunday 8:00 AM – 4:00 PM

*Attendance at the retired advanced courses fulfills requirements for retaking or lab assisting the new advanced courses.

Retaking at 1/2 price requires attending the course, or the retired course(s), within 5 years.

Lab Assisting requires attending the course, or the retired course(s), in any combination, two times with the last attendance within 3 years.